

2023 HEALTHY COUNTY CONTESTS

Earn up to \$60 in Boomin' Bucks - and improve your wellness! For each of the four Healthy County contests completed, you will earn \$15 in Boomin' Bucks.

Go to www.county.org/sonicboom to sign up today! Sync your activity tracker to the Healthy County, energized by Sonic Boom, portal and be automatically enrolled in all contests.

JAN. 9 - FEB. 19

HEART TO HEART

Log 30 days of 6,000 steps or 30 minutes of activity to complete the contest



MAR. 20 - APRIL 30

TOUR DE TEXAS

Log 30 days of 7,000 steps or 45 minutes of activity to complete the contest



MAY 29 - JULY 23

MIND OVER MATTER

Log 40 days of 7,000 steps or 45 minutes of activity to complete the contest



AUG. 28 - OCT. 22

RISE TO THE CHALLENGE

Log 40 days of 7,000 steps or 45 minutes of activity to complete the contest



Check your rewards page to follow your progress throughout each contest:

COUNTY.ORG/SONICBOOM

If it is unreasonably difficult for you to complete any of the health activities due to a medical condition, or if it is medically inadvisable for you to complete such requirements, contact SonicBoom Mission Control Support as soon as possible at (877) 766-4208 or support@sbwell.com. We will work with you to identify additional opportunities for you to qualify for the incentive.

